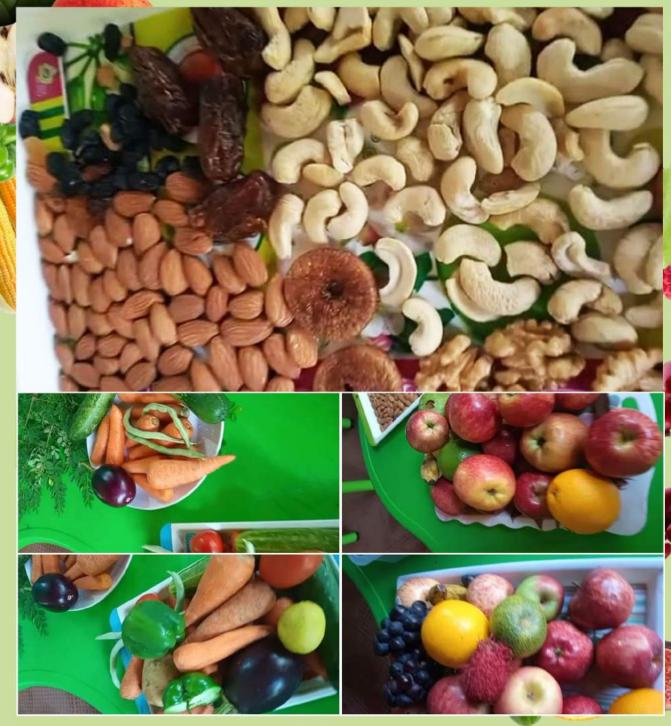






#### **NUTRITIONAL DAY**



Little buds Kindergarten celebrated Nutritional day on September 1. Ms. Jaseema, Headteacher delivered a speech on the importance of healthy food in our daily life. It was followed by certain programmes for the kids like, Singing Rhymes and speeches on their favourite healthy food. Almost all kids participated in the programme.Each class is allotted to bring a healthy food on this day like dry fruits, fruits and vegetable.

The purpose of this day is to raise awareness of healthy eating practices and proper nutrition for upholding a healthy lifestyle.



## ONAM CELEBRATION IN PROGRESSIVE









Progressive English School celebrated Onam amidst much fanfare involving students,teachers and staffs on September 3rd to imbibe in our children the values and ethos of every culture and community. The celebrations started with setting up of an attractive floral decoration in the school. The main attractions of the programs were the competitions, games, classwise programs and community food.

Class wise programs included welcome speech, presidential address, inauguration, message by the class teacher, Onam messages by the students, songs, speeches and vote of thanks. It was followed by the competitions like onapookalam on chart and Onappattu.

Another attraction of the day was the traditional community Onam Sadya brought by the students that comprised many dishes served in banana leaves and included varieties of vegetables, rice, banana and payasam. Students,teachers and staffs enjoyed the Onam sadya together in the respective classes.

Amidst cheers of happiness and excitement, children participated in different games like balloon fighting, musical hat, fill the bottle, lemon and spoon, sack race, tug of war,moustache drawing, candy challenge etc. Progressive English School celebrated the special day in gaiety and warmth. Everything put together gave a cultural ambience to the environment and the atmosphere was of festivity and colour.



## HINDI DIWAS CELEBRATED IN PROGRESSIVE



Progressive English School celebrated Hindi Diwas on 14th September 2022 with great fervour. The students of classes I to VIII took part whole heartedly in the orientation program that highlighted the significance of the language in connecting the citizens of India through their cultural programs.

The guest speaker of the day was Ms. Jayasree T K, Hindi teacher, WHSS. Addressing the gathering, she detailed the history of Hindi language. Hindi is one of the most widely spoken languages in the world.On 14th September,1949 Hindi was accepted as the national language of India by the Constituent Assembly. Hence every year we celebrated 14 September as national Hindi Day. Ms. Jayasree T K mentioned that Hindi is widely spoken in Nepal, Fiji, South Africa and UAE.

Some of the cultural programs on this day were recitation, quiz competition, skit, memory test etc. A special assembly was conducted to inculcate love for Hindi language and importance of the Hindi Diwas.

The students and the guest speaker spread the message that Hindi language is the soul of our cultural heritage.



#### **OZONE FOR LIFE**





Progressive English School celebrated World Ozone Day on 16th September to spread awareness among the students about how crucial the Ozone shield is for the life on earth, its gradual depletion and the need to search for possible solutions to preserve it.

The Science Department took steps to merit this day by organising a Spot Quiz Competition for the students of classes III to XII. The competition was conducted during the recess time and was hosted by Amna Mohamad Aboobacker of grade XI. Winners were awarded and seven consolation prizes were also distributed for the par-

It was an enriching and memorable experience for all which will make them aware of their role as responsible citizens.



# PROGRESSIVE CELEBRATED HARDWORK AND SUCCESS



To honour the achievements of meritorious students of INSPIRO Qur'an Fest, Majlis Examination and Hikma Talent Search Examination, The Arabic and Moral Club organised 'Award Ceremony' on 20th September 2022.

The Chief Guest of the day was Mr. Aneesudheen, Director, Kerala Madrasa Board who distributed the awards to the winners of the respective fields. Then he delivered a very motivating speech. The chief guest congratulated the achievers and appreciated the efforts taken. Speaking on the occasion he advised all the students to work harder in life to get sure success. He also narrated one or two incidents to inspire the students and applauded the efforts of price winners and encouraged them to do better.

Mr. SAP Abdussalam, Managing Director, Wadihuda Group of Institutions delivered a message to the children about making the most of the opportunities that come their way. The Chief Guest was felicitated with a memento by the General Secretary, Director- Academics Mr. Mohammed Sajid P K.

The students presented cultural items like songs, welcome dance, group song etc. Everyone enjoyed the programmes with loud applause.

Through this program, it was possible to give confidence and motivation for the students to participate in each competitive exams. The Award Ceremony was also a recognition for their hardwork.



## **EXPLORE MADAYIPARA**



A Field Trip is a visit to an area outside of the normal classroom where children can try new things, have different experiences and learn valuable life lessons. Keeping this in mind, as part of World Tourism Day, Social Science Department arranged a field trip to Madayipara on 27 September 2022.

Selected students of class VI along with the teachers visited Madayipara, the extremely beautiful laterite plateau which narrates unique tales of vibrant hues in each season. Spreading across an area of 700 acres, this hillock in Kannur district is a blend of beauty and history. Along with its picturesque landscapes, it also has an ancient fort called the Madayi Fort built by the Vallabha King. Madaipara is an ecological paradise rich with a wide species of flora and fauna. It has a rare collection of insect-eating plants. It is also home to hundreds of birds and butterfly species and a pond in the shape of a handheld mirror. Children enjoyed these experiences.

Mr. Usman, Ms. Radhamany and Ms. Deepthy P shared more information related to the local history of Madayipara, Eripuram and the importance of tourism.

The field trip enhanced the critical thinking skills of the students and gave them a chance to think about Madayipara from a different perspective.



## MASS VACCINATION DRIVE - SECOND DOSE



In collaboration with Muttom PHC, Progressive English School arranged a Mass Vaccination Drive- Second Dose for COVID 19 (Covaxin) for the students in the age group of 12-14.



# HAVE A HEALTHY HEART



World Heart Day is a campaign to spread awareness about the health of heart among common people all through the world. Realising the importance of developing a healthy lifestyle at an early stage of students' life, English Department of Progressive English School observed the World Heart Day.

Students of classes VIII to X were asked to prepare slogans on the importance of heart health care. Keeping this in mind, the children came up with very beautiful slogans. The celebration helped to spread awareness for a healthy heart.



## **PROGRESSIVE PAY TRIBUTE TO GANDHIJI ON GANDHI JAYANTHI**



To commemorate the birth anniversary of Mahatma Gandhi more lovingly known as Bapu by all Indians, a special program was organised to revere this day to acknowledge his doctrine of non-violence that led to free India from Britishers.

Mr. Payyannur Kunhiraman was the guest speaker of the day. He spoke on the topic: Gandhiji and Children. His lecture was mostly about Gandhiji's simple life and he advised children to be honest always. Gandhiji considered India's problems as his own problems. The reason he even changed the way he dressed was because he realised that there are so many people living in India without the opportunity to wear good clothes. He said that the 'country' is our mother and the father is 'love'. He included discussions with the children throughout the speech. He was able to inculcate many human values in the students through his words.

All our students were imbued with Gandhian values and thoughts and vowed to become best citizens of India and this world.